

IMPACTS AND OUTCOMES

LifeChanger’s measurement framework measures the impact and outcomes of the program by focusing on the school, youth participant and mentor experience.

Each LifeChanger program workshop measures outcomes through qualitative and quantitative surveys and anecdotes to determine the impact of the program on participants.

LifeChanger’s measurement framework has been designed and is evaluated in collaboration with Flinders University.

LifeChanger Program outcomes from the last 1,000 participants:

MENTORS



acquired strategies to mentor young people



increased social connection



increased contribution to the community



understand the values of a good mentor



95% of teens have increased awareness of good mental health

91% of teens have improved self esteem and self awareness



TEENS



improved confidence to connect with their social network



will use the skills and tools learnt to improve their health



improved mental and physical health



increased self awareness



are able to identify and set personal goals



increased emotional resilience



discovered their strengths and challenges